

DIM., 08 SEPT.	LUN., 09 SEPT.	MAR., 10 SEPT.	MER., 11 SEPT.	JEU., 12 SEPT.	VEN., 13 SEPT.	SAM., 14 SEPT.
<p>10:00 - 11:00 Start To Workout (SGT) Fitness Floor Emmanuel Arickx</p> <p>11:00 - 12:00 Les Mills Bodypump™ Group Classes Studio Ronald Gray</p>	<p>17:00 - 18:00 Women's Strength Training (SGT) Functional Zone Dan Hilton</p> <p>18:00 - 19:00 Les Mills Bodycombat™ Group Classes Studio Serge Lomami kattako</p> <p>19:00 - 20:00 Core Functional Zone Fabian Tamagni</p> <p>19:00 - 20:00 Total Body Conditioning Group Classes Studio Serge Lomami kattako</p>	<p>12:15 - 13:15 Indoor Cycling Cycling Cube Roger Schifano</p> <p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Fabian Tamagni</p> <p>18:00 - 19:00 Kick Group Classes Studio Youssef Bensaoui</p> <p>18:00 - 19:00 Suspension Training Functional Zone Serge Lomami kattako</p> <p>19:00 - 20:00 Les Mills Bodycombat™ Group Classes Studio Ronald Gray</p> <p>19:00 - 20:00 Mobility (SGT) Functional Zone Fabian Tamagni</p>	<p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Fabian Tamagni</p> <p>18:00 - 19:00 Indoor Cycling Cycling Cube Roger Schifano</p> <p>18:00 - 19:00 Pilates Group Classes Studio Fabian Tamagni</p> <p>18:00 - 19:00 Women's Strength Training (SGT) Functional Zone Dan Hilton</p> <p>19:00 - 20:00 Calisthenics Group Classes Studio Tolunay Ulusoy</p> <p>19:00 - 20:00 Les Mills Bodycombat™ Group Classes Studio Serge Lomami kattako</p>	<p>12:15 - 13:15 Total Body Conditioning Group Classes Studio Serge Lomami kattako</p> <p>18:00 - 19:00 Yoga Group Classes Studio Coline Mathot</p> <p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Ronald Gray</p> <p>20:00 - 21:00 Les Mills Bodycombat™ Group Classes Studio Ronald Gray</p>	<p>12:15 - 13:15 Suspension Training Functional Zone Roger Schifano</p>	<p>10:00 - 11:00 Conditionnement (SGT) Functional Zone Dan Hilton</p>

DIM., 15 SEPT.	LUN., 16 SEPT.	MAR., 17 SEPT.	MER., 18 SEPT.	JEU., 19 SEPT.	VEN., 20 SEPT.	SAM., 21 SEPT.
<p>10:00 - 11:00 Start To Workout (SGT) Fitness Floor Emmanuel Arickx</p> <p>11:00 - 12:00 Les Mills Bodypump™ Group Classes Studio Ronald Gray</p>	<p>17:00 - 18:00 Women's Strength Training (SGT) Functional Zone Celine Parade</p> <p>18:00 - 19:00 Les Mills Bodycombat™ Group Classes Studio Serge Lomami kattako</p> <p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Dan Hilton</p> <p>19:00 - 20:00 COACH BY COLOR® Cycling Cycling Cube</p> <p>19:00 - 20:00 Total Body Conditioning Group Classes Studio Serge Lomami kattako</p>	<p>12:15 - 13:15 COACH BY COLOR® Cycling Cycling Cube Roger Schifano</p> <p>17:00 - 18:00 Kick Group Classes Studio Youssef Bensaoui</p> <p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Fabian Tamagni</p> <p>18:00 - 19:00 Suspension Training Functional Zone Serge Lomami kattako</p> <p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Claude Conde</p> <p>19:00 - 20:00 Mobility (SGT) Functional Zone Fabian Tamagni</p>	<p>17:00 - 18:00 Pilates Group Classes Studio Fabian Tamagni</p> <p>17:00 - 18:00 Women's Strength Training (SGT) Functional Zone Dan Hilton</p> <p>18:00 - 19:00 COACH BY COLOR® Cycling Cycling Cube</p> <p>18:00 - 19:00 Crosstraining Functional Zone Brice Lilot</p> <p>19:00 - 20:00 Les Mills Bodycombat™ Group Classes Studio Serge Lomami kattako</p>	<p>12:15 - 13:15 Total Body Conditioning Group Classes Studio Serge Lomami kattako</p> <p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Emmanuel Arickx</p> <p>19:00 - 20:00 Calisthenics Functional Zone Tolunay Ulusoy</p> <p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Ronald Gray</p> <p>20:00 - 21:00 Les Mills Bodycombat™ Group Classes Studio Ronald Gray</p>	<p>12:15 - 13:15 Suspension Training Functional Zone Roger Schifano</p> <p>18:00 - 19:00 Kick Group Classes Studio Youssef Bensaoui</p>	<p>10:00 - 10:45 Conditionnement (SGT) Functional Zone Dan Hilton</p> <p>11:00 - 12:00 COACH BY COLOR® Cycling Cycling Cube Aline Délincé</p> <p>12:00 - 13:00 Zumba® Group Classes Studio Aline Délincé</p>